

**Member Profile****Contact Information**

**Salutation:** Mrs.  
**Full Name:** Elizabeth Gilbert  
**Institution:** Goodlife Fitness Clubs  
**Title:** Fitness Instructor  
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**Membership Status**

*Please allow up to three business days for your online profile to reflect your last update.*

Membership Details	Original Date of Issue	Date of Last Update	Renewal Date
2000-21295 CERTIFIED PROFESSIONAL MEMBER	May, 09 2000	January, 04 2011	May, 31 2012

**Conference Registration Status**

*Please allow up to three business days for your online profile to reflect your last update.*

Conference Name	Payment Status	Sessions Received
Toronto 2009	Received	Yes
- STOTT PILATES® Golf Conditioning on the V2 Max Plus™ (W/S)	Received	Yes
- Opening Ceremonies/Keynote: Challenge. Distance. Discovery.(L)	Received	Yes
- Mat Playground – Let the Games Begin! (W/S)	Received	Yes
- Personal Training for Golf (L)	Received	Yes
- World-Class Coaching for Indoor Cycling (W/S)	Received	Yes
- No Bones About It! Osteoporosis Programs and Prevention (L)	Received	Yes
- KBell Physique™: Group Training Klass (W/S)	Received	Yes
- GRAVITY®: Up Close & Personal (W/S)	Received	Yes
- Schwinn® Indoor Cycling: World Class Coaching (W/S)	Received	Yes
- GROOVE Your Body CALM (W/S)	Received	Yes
- GoodLife Awards Gala	Received	Yes
- STOTT PILATES® Intense Sculpting Challenge: Flex-Band® Level 4 (W/S)	Received	Yes
- GRAVITYPilates®: Fresh Breath One (W/S)	Received	Yes
- Spinning®: Music – The Rhythm of Life (W/S)	Received	Yes
- STOTT Pilates® Advanced Matwork Workshop (W/S)	Received	Yes
Montreal 2008	Received	Yes
- Bootcamp (W/S)	Received	Yes

- General Session: Mindset of a Champion	Received	Yes
- Injury Prevention in Yoga and Pilates (L)	Received	Yes
- Cycling: Communication through Coaching and Cueing (W/S)	Received	Yes
- The Cellulite Solution (L)	Received	Yes
- Muscular Balance to achieve Maximum Flexibility (W/O)	Received	Yes
- Deep Stretching for Pain Relief (W/S)	Received	Yes
- STOTT PILATES® Athletic Conditioning on the Edge (W/S)	Received	Yes
- Subtle Successful Cycling (W/S)	Received	Yes
Toronto 2007	Received	Yes
- Pre-purchased Online Handout Access (delegate rate)	Received	Yes
- Resist-A-Ball® C.O.R.E Level Two	Received	Yes
- Coaching to the Head, Heart @ the Belly	Received	Yes
- Opening Ceremonies Featuring Keynote Address from Silken Laumann	Received	Yes
- Yoga Ball Fusion (W/S)	Received	Yes
- PiYo(TM) (W/S)	Received	Yes
- Newbody Instructor Training	Received	Yes
- Fusion Fitness Training for Strength (W/S)	Received	Yes
- Les Mills Canada Day	Received	Yes
- Goodlife Awards	Received	Yes
- Teaching Sun Salutations with Grace and Power (W/S)	Received	Yes
- Integrating Corrective Exercise and Group Fitness (W/S)	Received	Yes
- Schwinn® Indoor Cycling: More Music Magic (W/S)	Received	Yes
- Drums Alive (W/S)	Received	Yes
Whistler 2007 Package	Received	Yes
- Triple/2-night (check-in:Apr 27; check-out:Apr 29)	Received	Yes
Whistler 2007	Received	Yes
- General Session and Keynote	Received	Yes
- GRAVITY® Up Close and Personal Training	Received	Yes
- Gliding™ for Core Performance	Received	Yes
- Resist-A-Ball® Cardio Strength Interval	Received	Yes
- BOSU Leg Training	Received	Yes
- Optimizing Training and Recovery	Received	Yes
- GRAVITY® Group Strength	Received	Yes
- Movement Not Muscles	Received	Yes
- Developing Strength in Children	Received	Yes
Vancouver 2005	Received	Yes
- STOTT PILATES Core and Dynamic Balance	Received	Yes
- Fusion Fitness Training: Yoga Focus	Received	Yes
- Weight Management for Women	Received	Yes
- Outspin, Outlast, Outride	Received	Yes

- Ultimate Ball Challenge	Received	Yes
- Body Bar: All out Strength	Received	Yes
- Move Your Body	Received	Yes
- STOTT PILATES Ultimate Body Sculpting	Received	Yes
- STOTT PILATES On a Roll	Received	Yes
- Inner Strength	Received	Yes
RAB I Nov. 28/03	Received	No
Toronto 2002	Received	Yes
- STOTT Essential Mat	Received	Yes
- The Nia Technique	Received	Yes
- STOTT Mat-Based Flex-Band	Received	Yes
- Cycling for Your Soul	Received	Yes
- New Body Down Under	Received	Yes
- STOTT Essential to Intermediate Mat	Received	Yes
- STOTT Mat-Based Stability Ball	Received	Yes
- Hot Cycling	Received	Yes
- Yoga Chi	Received	Yes
- Firm Foundations	Received	Yes
- Newbody New Moves	Received	Yes
- Energy Circle Tai Chi	Received	Yes
Vancouver 2002	Received	Yes
- Fusion	Received	Yes
- On the Ball 2002	Received	Yes
- Ultimate Ab & Back Workout	Received	Yes
- Voyages of the Fat Cell	Received	Yes
- Tranquility	Received	Yes
- Physiology of Resistance Trng. For Women	Received	Yes
- FST:Functional Stability Training	Received	Yes
Toronto 2000	Received	Yes
- Mind & Body Circuit	Received	Yes
- Training By Trimester: Part 1	Received	Yes
- Training by Tri-Mester	Received	Yes
- Flexible Strength	Received	Yes
- Mystic Motion	Received	Yes
- Sporty Moms Returns	Received	Yes
- The Spirit of Step	Received	Yes
- BODYFLOW - bodytrainingsystems	Received	Yes
- Happy Hi-Lo	Received	Yes
- Optimizing Weight Mgmt. Through Exercise Perf.	Received	Yes
- B.R.E.A.T.H.	Received	Yes

**Certification Status**

*Please allow up to three business days for your online profile to reflect your last update.*

Certification Name - Certification ID	Original Date of Issue	Date of Last Update	Renewal Date	CECs on File	CPR on File	CPR Valid Until
Fitness Instructor Specialist (FIS)	May, 17 2000	May, 12 2010	May, 31 2011	4	No	
Mind-Body Fitness Specialist (MBS)	April, 05 2007	May, 12 2010	May, 31 2011	4	No	

**Course/Exam Registration Status**

*Course/Exam registration status not found(includes previous month and future events).*

Close