

**Fitness  
Leadership**

**SINCE 1984**

**AFLCA**

ALBERTA  
FITNESS  
LEADERSHIP  
CERTIFICATION  
ASSOCIATION

# Certifies

## Elizabeth Gilbert

### as

## Assistant Trainer of Fitness Leaders in Group Exercise

**Having successfully completed  
the requirements as established by  
the AFLCA in accordance with the  
National Guidelines.**

**Expires: March 31, 2008**

**ID Number: 5330**

Celebrating 20 years of Fitness Leadership



**The AFLCA is a member of the National Fitness Leadership Alliance (NFLA)**