

# STOTT PILATES®

*m* merrithew CORPORATION

Ms. Elizabeth Gilbert  
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CANADA

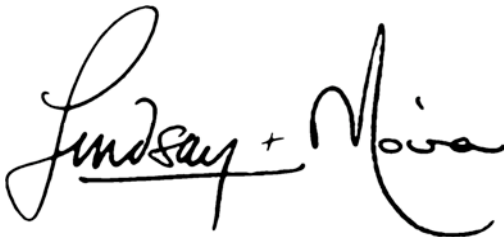
December 18, 2009

Dear Elizabeth,

Congratulations on completing your STOTT PILATES® Workshop-Golf Conditioning on the V2 Max Plus™ Reformer\* workshop on August 20, 2009, conducted at the CAN-FIT-PRO Toronto 2009 in Toronto, Ontario.

Completion of this workshop entitles you to 0.4 STOTT PILATES Continuing Education Credits.

Should you have any questions regarding your training or qualifications, please direct them to STOTT PILATES Education at 1-800-910-0001 ext. 261 or email [education@stottpilates.com](mailto:education@stottpilates.com).



**Lindsay G. Merrithew**  
President and CEO

**Moira Merrithew**  
Executive Director, Education

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\* U.S. Patent Pending and other countries.

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